# PERMANENT MAKE UP INFORMATION

# Studio Gezellig

#### Contraindication

- Have open wounds, severe or infected acne or active skin disease in the treatment area
- Have severe cardiac disease, bleeding disorders, severe diabetes, autoimmune diseases, immunosuppressed states, herpes simplex
- Those on anticoagulant therapy.
- Persons with severe allergies, severe metal allergies or allergies to local anaesthetics
- Pregnant (if you are breast-feeding, it is recommended to leave breast-feeding for 48 hours after the procedure).
- Have had or plan to have other cosmetic procedures or eyebrow bleaching, tinting or colouring in the 2 weeks before or after the procedure.
- Those who have not yet healed after cosmetic surgery on the face.
- Those who have had skin problems due to previous art make-up.

#### Brow



#### Flow of treatment

1. Consultation: please come with your normal eyebrow make-up. This will help us ascertain your preferred design, colour and mood.

- Photography: This is used to ascertain any changes before and after and any left-right differences that cannot be seen with the naked eye. If possible, we ask for your cooperation as a case study.
- 3. Design: the design is done first while the patient is lying down and then sitting up. The shape of the eyebrows changes between lying and sitting. The design is drawn according to the golden ratio, the skeletal structure, the skeletal muscles and the customer's preferences, and the design is checked by the customer. The design takes the most time. We also decide whether to use the hair drawing technique or the powdering technique.
- 4. Anaesthesia, if necessary: approximately 10-15 minutes.
- 5. Colour selection: the colour will vary from client to client. It is not always possible to guarantee that the colour will be the same. However, we will select a colour that suits you, your favourite colour, your hair colour, skin and eye colour, and the clothes you often wear.
- 6. Start of treatment: anaesthesia is added.
- 7. Aftercare explanation: you will receive a cream.

#### Pre-treatment precautions

- Allow your eyebrows to grow as long as possible.
- On the day of the procedure, please wear your normal eyebrow make-up.
- If you are prone to pain, we recommend avoiding the procedure before and during your menstrual period.
- If you are prone to pain, we recommend that you do not drink alcohol or caffeine before the procedure.

#### Aftercare after treatment

- Do not get the treatment area wet for 24 hours after the treatment.
- After 24 hours, clean the area gently with foam.
- Avoid cleansing, serums and emulsions containing oil and eyebrow make-up for 1 week.
- The colour will darken, especially on days 3-5 after the treatment, but will always fade; you may notice uneven colouring during the first month, but this is normal.
- Apply a thin layer of the cream you have been given twice a day (morning and evening). If too much is applied, the pigment will drain out and disappear more easily.
- The pressure sores may peel off or itch, which can be treated by applying the cream you have been given. It may take a few days to heal.
- Avoid things that increase metabolism (saunas, strenuous exercise, heavy drinking, etc.), sweating a lot and exposure to strong sunlight for a week.
- Avoid rubbing for a week.

# Lip



# Flow of treatment

- 1. Counselling: colour selection. If you have a favourite colour or mood, please bring a photo or lipstick. Bring painkillers if you are worried about pain.
- 2. Photography: used to assess the changes before and after. If possible, we ask for your cooperation as a case study.
- 3. Anaesthesia: approx. 10-15 mins.
- 4. Design.
- 5. Start of treatment: with additional anaesthesia. Raise your hand to let us know if you experience any unbearable meanings.
- 6. Aftercare instructions: you will receive a cream.

#### Pre-treatment instructions.

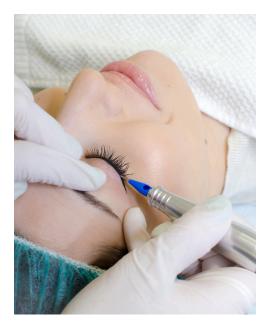
- Exfoliate the lips one week prior to the procedure. Scrubbing and moisturising are recommended.
- Please inform us if you are prone to lip herpes.
- It is recommended to bring a mask as the lips will be prominent after the treatment.
- We recommend avoiding the treatment before and during menstruation.
- It is recommended not to drink alcohol or caffeine.

#### Aftercare after the treatment.

- On the day of the procedure, the lips may be sore and swollen; they will heal in about two days, but if symptoms are severe, they can be lightened with moisturisers and coolants.
- It is recommended to use a straw when drinking.
- Avoid touching your lips with spicy or irritating foods or anything that might cause pigmentation. This may cause more pain and swelling.
- Wetting in water is not a problem.
- Do not wear lipstick for a week or so. Moisturising is OK.
- The lips will peel over the course of a week and the colour will gradually fade. Do not peel the skin yourself. Use the cream you have been given when they are crusty.

- Herpes labialis may occur. We recommend taking the oral medication we have given you or applying an anti-herpes ointment.
- Avoid things that increase your metabolism (saunas, strenuous exercise, heavy drinking, etc.), sweating a lot and exposure to strong sunlight for one week.
- Avoid rubbing for one week.

# Eyeliner



# Flow of treatment

- 1. Counselling: We will ask you how you would like the procedure to look. We recommend that you do not use eyeliner that is too thick or long, or that is too close to the inner or outer corner of the eye, as eyeliner art make-up tends to remain for a long time and can be dangerous.
- 2. Photography: This is done in order to assess the changes before and after the procedure. If possible, we ask for your cooperation as a case study.
- 3. Anaesthesia: approx. 10-15 minutes.
- 4. Procedure: Please keep your eyes closed. You will be touching your eyes a lot, which may be uncomfortable, but please do not move.
- 5. Eye wash: the pigment in the eye is washed out.
- 6. Aftercare instructions: very simple.

# Pre-treatment instructions.

- Please remove contact lenses.
- It is recommended not to use contact lenses after the treatment.
- Please remove eyelash extensions.
- Please do not wear eye make-up.
- It is recommended to avoid having the treatment before and during menstruation.
- If you are prone to pain, do not take alcohol or caffeine.

# Aftercare after treatment.

- Getting wet is not a problem.
- Avoid cleansing, serums and emulsions containing oil and eye make-up for about a week.
- It is recommended not to wear contact lenses on the day of the procedure.
- The eyes may swell slightly after the procedure. The pressure sores may peel or itch. Both of these can be lightened by cooling and will probably subside in a few days.
- Avoid things that increase metabolism (saunas, strenuous exercise, heavy drinking, etc.), sweating a lot and exposure to strong sunlight for a week.
- Avoid rubbing for one week.